

Salt Dough Clay

This recipe makes a play-dough like clay that can be used for crafts, sculptures, ornaments and other projects and can then be baked to a hard finish.

You'll Need:

All-purpose flour – about 2 cups

Salt – about 1 cup

Water – about 1 cup

A large mixing bowl

Rolling pin

Cookie cutters

Pencil

Ribbon



Instructions:

1. Measure out your ingredients.
2. In a large mixing bowl, stir together the flour and salt
3. Add water SLOWLY while stirring to form a dough
4. Form the dough into a ball and knead for approximately 5 minutes, until all ingredients are combined and smooth. Add a bit more flour if the dough is too sticky or a bit more water if it's too dry. Let dough rest.
5. Use flour on your workspace to prevent the dough from sticking
6. Roll out your dough using a rolling pin until you have an even pancake about $\frac{1}{4}$ - $\frac{1}{2}$ inch thick
7. Cut out shapes using cookie cutters
8. Using a pencil, punch a small hole in your clay, not too close to an edge and not in the very middle.
9. Let air dry or bake in a 200 degree oven for 1 – 4 hours. Baking time will vary depending on the size and thickness of your crafts. Projects should stay in the oven until hard and dry.
10. Once your project is out-of-the-oven, dry and cool, string ribbon through this hole and tie into a loop. Now you have a salt-clay ornament or gift!

Notes

Cover your workspace with an inexpensive plastic tablecloth to make cleanup easier!

Add food coloring to clay while kneading OR paint with acrylic paints after it is dry.